



SENTINEL
BAR AND GRILL

Breakfast Menu

Fruit Toast or Toasted Bread with spreads & preserves (Jam, vegemite or Nutella)	7
Toasted Banana Bread with Butter	8
House made Granola, vanilla yoghurt, blueberry, strawberry, pear, coulis	15
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Chorizo, scrambled egg, crispy kale on sourdough	18
French Omelette with gruyere cheese, tomato chutney, sourdough (v, gfo)	17
Breakfast Wrap, two fried eggs, bacon, spinach, caramelised onion, cheese, tomato relish	14
Smashed Avocado, poached egg, roast capsicum, goat cheese, dukkha on sourdough	19
Classic Breakfast, bacon rasher, spinach, mushroom, two eggs your way, sourdough	22
Double Bacon Egg Sandwich in Turkish bread, tomato relish	16
Scrambled, fried or poached eggs on your choice of Bread	13

Add on

2 rasher bacon	6	Choice of Bread
Smoked Salmon	6	Sourdough
Chorizo	6	Whole meal
Sautéed mushrooms	4	Gluten free
Crushed avocado	4	
Wilted spinach	4	
Roasted Cherry Tomato	4	
One Poached Egg	3	

Organic Teas single pot

5

English breakfast
Earl grey
Green tea
Peppermint
Lemon grass & ginger
Chamomile
Black chai Tea

Coffee

Flat white, Cappuccino, Latte 4.5
Black, Piccolo, Short Mac 4
Long Mac, Mocha, Chai Latte 4.9
Extra shot / Mug 0.5
Soy / Almond / Lactose Free 0.5